

AESTHETIC
HEALTH



PATIENT GUIDE

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Welcome to Aesthetic Health, one of the UK's leading clinics for medical aesthetic and regenerative health.

We are defined by our unique approach, which combines the highest quality evidence-based medicine with whole-human care. From day one, we made it our mission to not only provide the highest level of regenerative results, but deliver it with a genuine nurturing care.

We firmly believe in treating the underlying cause and stimulating the body's natural powers of regeneration and repair, ensuring that you not only look better, but feel better, and attain longer-lasting natural results. Regeneration is a journey, and through our attentive and continual care we help you achieve the results you desire.

All our treatments are underpinned by our 7-Star Care tenets, Detailed Diagnostics, and Unique AH Values.



Every aspect of Aesthetic Health's care is designed with your wellbeing in mind. Throughout your treatment journey and beyond, our team is here to offer a uniquely nurturing experience.

All clinic activity is overseen by our Founder and Medical Director, Dr Julia Sevi. Dr Julia is

an international leader in Medical Aesthetics, and her pioneering and innovative treatment methods deliver enduring, natural-looking results. She and our expert clinical team have honed this distinctive approach into a 7-Star Care standard to ensure we achieve the outcomes you desire and deserve.

REGENERATIVE PRINCIPLES

Our pioneering and innovative treatment methods are regenerative, not cosmetic, delivering enduring, natural-looking results. We achieve this by stimulating the body's natural powers of regeneration and repair, and slowing underlying causes of degeneration. Regeneration is a journey, more than a destination, and we help keep you travelling in the right direction by training your tissues into optimal health, to regain and maintain your healthy glow.

DETAILED DIAGNOSTICS

Our unique diagnostic process underpins treatment assessment and delivery during your regenerative journey. From your Comprehensive Consultation and Signature Examination, throughout your AH experience, we methodically examine the multilayer structure and health of your tissues, in order to accurately prescribe treatment to fit your needs. In addition to traditional examination, our augmented methods may include scientific measurements, medical photography and ultrasound visualisation.

MULTIDIMENSIONAL PRESCRIPTIONS

Dynamic treatment prescriptions holistically address individual needs and concerns, with an integrated whole-person approach. Treatments and advice are prescribed in ideal combinations to enhance their regenerative effects, with a patient's underlying health and lifestyle factored into their individual plan, thus addressing your health inside and out

INTEGRATED TEAM CARE

This crucial standard ensures that patients are receiving the very highest form of actively managed integrated care at every stage. Dr Julia and the clinical team collaborate directly to enable each patient to benefit from our team's combined knowledge and expertise, ensuring seamless continuity and optimised results.

HEIGHTENED CARE CURATION

Aesthetic Health member patients are supported by a personal Care Curator, who coordinates with them directly for a seamless 7-Star Care experience. Appointments and treatments are scheduled according to individual plans, and synergistically sequenced to optimise results and comfort.

SCRUPULOUS CARE STANDARDS

Every day, the team works diligently to ensure every aspect of medical care is of world-class standard and delivered seamlessly. Scrupulous care is part of Aesthetic Health's DNA – we are CQC-rated 'Outstanding', and continually work to supersede our own rigorous standards and our patients' expectations.

METICULOUS CARE DELIVERY

Aesthetic Health is medically meticulous, with exacting attention to all details of care delivery. Every clinical team member involved in patient care has an in-depth understanding of the patient's individual needs, and keeps their prescription and treatments finely tuned, according to their progress and feedback.





AH MEMBERSHIP

Aesthetic Health is a private aesthetic member clinic, harmoniously combining the very best of medicine with the ultimate level of elevated medical care, permitting us to deliver an even better patient experience and enhanced results.

As part of membership, patients will receive priority access to appointments, all administered in the privacy of their specially prepared treatment room, with the benefit of a dedicated team member curating their care. Another key benefit to membership is that a member's treatment plan is overseen by Dr Julia and her medical team, and each treatment is synergistically sequenced to optimise results at every stage.

Dr Julia and her clinical team collaborate continually to not only enable patients to benefit from the team's combined knowledge and expertise, but also to ensure members receive continuity of care and optimised results, each and every time.

Becoming a member is a simple process, as the only requisite is that you commit to your regenerative care, allowing us to deliver your mutually agreed treatment prescription. Regeneration is more a journey than a destination, and in our experience membership supports patients to achieve their health goals through consistency of care.

To enquire about becoming a member, please contact our dedicated team at patientcare@aesthetichealth.co.uk or **0113 269 7274**.

MEET THE AH ANGELS

Our AH Angels are utterly unique. Every single member of our team is imbued with a genuinely nurturing nature, and enjoys nothing more than delivering exceptional care that makes their patients smile.

True to our culture of continuous improvement, each and every team member possesses an innate thirst for knowledge, and takes every opportunity available to hone their skills and stay at the top of their game. Multi-Disciplinary Team meetings and Team Training are at

the core of our patient care principles, and we use these sessions to discuss treatment plans and cases in the continual pursuit of optimal results and patient satisfaction.

As specialists in their field, each member of our team goes above and beyond the call of duty to ensure that patient care, treatment delivery and the overall clinic experience are of the highest quality. We are truly grateful here at Aesthetic Health to have such an amazing team to bring our values to life.



Vicky Connell
Clinic Operations



Dr Julia Sevi
Founder & Director



Kirsty Pole
Clinical Services Manager



Lucy Brierley
Communications



Dr Malgorzata
Korab-Karpinska
Aesthetic Doctor



Lucy Bean
Medical Aesthetic
Practitioner RGN



Hannah Salama
Medical Aesthetic
Practitioner RGN



Deby Rowbottom
Medical Aesthetic
Practitioner RGN



Rachel Gomersall
Senior Clinical Associate



Megan Casey
Patient Management



Joanna Whitley
Senior Aesthetic
Practitioner & Skin



Kathryn Fletcher
Senior Aesthetic
Practitioner



Charlotte Tobin
Care Curator &
Clinical Associate



Ben Briggs
Medical Administrator
& Photography



Joti Flora
Care Support



Alina Udrica
House Keeper



Read more about our individual team members on our website.

Regenerative care is our number one priority. From medical aesthetics to skin health and holistic care, we lead the way in results and experience.

FIRST STEPS

Our specialist team will be delighted to help answer any questions you may have. Your first consultation may take place remotely or in-clinic, where one of our experts will assess your health and concerns.

CONSULTATION, EXAMINATION AND PRESCRIPTION

The next step of your journey involves your Comprehensive Consultation and Signature Examination. During this time, we explore your concerns, aspirations, underlying health, and lifestyle factors, and examine your tissue health via our unique Detailed Diagnostics method. This will then be woven into your individual treatment prescription, which will be shared with you for consideration. There are usually several routes to a destination, and it is important that your chosen route reflects your desires, goals, health philosophy, and chosen investment.

CARE CURATION

Your personal Care Curator will be in touch with you at your convenience in the days following your consultation to discuss your prescription. This is your journey, and is designed to be a consultative and collaborative experience to ensure it best aligns to your needs. Once you have settled on your mutually agreed optimal approach, your Care Curator will conveniently schedule your synergistically sequenced appointments to progress your regenerative journey.

UPON ARRIVAL

Our luxurious clinic, located in a quiet, private nook just outside Leeds, is here to help you feel relaxed and at home. Before your appointment, our team will be busy preparing for your arrival, ready to welcome you through our doors and ensure that you are happy, confident, and set to commence your treatment journey. We know that receiving a new treatment may feel daunting, so rest assured that we always operate at the highest levels of safety and care. We will be there to guide you every step of the way.

IN THE TREATMENT ROOM

We are passionate about providing you with the best experience. Once you are settled in your own specially prepared treatment room, we will begin talking you through the procedure and ensuring you understand the process. You will have ample time to consider your options and ask any questions before any treatment begins. All our treatments are underpinned by our Unique AH Values and 7-Star Care tenets and are carried out by an expert in the respective field.

AFTERCARE

True regeneration does not occur in a day. The real magic happens in the weeks and months following treatment, when your body's newly awakened natural forces of repair really start to work at the task in hand! We will provide you with careful guidelines and advice for you to follow, in order to maximise your treatments and promote optimum results. We also offer ongoing support following treatment, with our clinic team never more than a call away to answer your queries.

HOME CARE

We are delighted to offer a wide range of leading products for your skin health needs on our online shop.

AH MEMBERSHIP

If you would like to continue your journey to maintain and achieve further long-term regenerative results, we would be delighted to welcome you as an AH member. As part of their usual treatment investment and commitment, our cherished member patients enjoy elevated medical care, the ultimate in first-class service and special member benefits.



YOUR REGENERATIVE JOURNEY BEGINS HERE



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